Physical Education - Teaching, B.S.

College of Education

General Education Curriculum Requirements (minimum 40 credit hours)

Writing and Cultural Literacy

Eng 101 College Composition . . . . . .3 _____
Eng 201 Advanced College Composition . . . . . .3 _____

Multicultural Experience

World or indigenous or American Sign Language course 3 _____
Diversity and global issues course . . . . . .3 _____

Quantitative Decision-making

Mat 101, 131, 201 or higher level math course . . . . .3 _____

Physical and Life Sciences

Complete sections A and B

A. Select two courses of scientific literacy from the following: Bio, Chy, Env, Ecy, Gey, Phy, Sci. At least one must be a 4-credit lab science course.

Lab science course . . . . . .4 _____
Lab or non-lab science course . . . . . .3-4 _____

B. Select one of the following:

Hpr 101 Lifelong Wellness, Bio 300 Human Nutrition, or Rec 234 Outdoor Pursuits I . . . . . .3 _____

Social Sciences

Complete sections A and B

A. Select any two of the following historical analysis courses: Hty 115, Hty 116, Hty 161, Hty 162

OR - Select a 100-level history course and a subsequent 300- or 400-level history course for a total of six credits

History course . . . . . .3 _____
History course . . . . . .3 _____

B. Select two of the following social science courses for a total of six credits: Ant 100, Eco 100, Geo 168, Pos 101, Pos 211, Psy 100, Soc 100

Social Science course . . . . . .3 _____
Social Science course . . . . . .3 _____

Humanities and Fine Arts

Complete sections A and B

A. Select one of the following courses in literary writing, analysis, or philosophy:

Eng 151, Eng 211, Phi 151, Phi 152, Hon 300 . . . . .3 _____

B. Select one of the following courses in visual or performing arts:

Art 101, Art 102, Art 103, Art 107 . . . . . .3 _____

Important additional GEC requirements

FYS 100 First Year Seminar . . . . . .1 _____
Writing Intensive Course . . . . . .3 _____
Technology Intensive Course . . . . . .3 _____

PHYSICAL EDUCATION REQUIREMENTS - 41 CREDIT HOURS

Phe 100 Introduction to Physical Education	3
Phe 102 Developmental and Gymnastics Activities	2
Phe 121 Team Activities	2
Phe 122 Individual and Dual Activities	2
Phe 123 Dance and Rhythmic Activities	2
Phe 166 Aquatic Activities OR	
Phe 174 Water Safety Instructor	2
Phe 204 Winter Outdoor Activities	2
Phe 265 Motor Learning	3
Phe 274 Structural Kinesiology	3
Phe 313 Psych/Sociology of Sport and Movement *	3
Phe 361 Technology for Physical Educators *	3
Phe 381 Biomechanics	3
Phe 381L Biomechanics Laboratory	1
Phe 382 Physiology of Exercise	3
Phe 382L Physiology of Exercise Laboratory	1
Phe 480 Measurement/Evaluation of P.E.	3
Phe 485 Organization/Administration of P.E.	3

* Course also meets GEC requirement

PROFESSIONAL EDUCATION – 33 CREDIT HOURS

Edu 150 Exploring Education in Contemp America	3
Edu 200 The Learner and The Learning Process	3
Phe 267 Teaching Elementary Physical Education	3
Phe 302 Teaching Secondary Physical Education	3
Phe 385 Adapted Physical Education	3
Phe 396 Field Work in Teaching Physical Education	3
Phe 495 Student Teaching	15

SELECT GENERAL ELECTIVES TO BRING TOTAL EARNED HOURS TO 128:

Students must hold current First Aid/CPR Certification
Total credits required for degree: 128
Minimum cumulative GPA for graduation: 2.50
Cumulative GPA for major requirements: 2.50
Cumulative GPA in professional education sequence: 2.50

Physical Education majors are required to take Bio 161 and Bio 162. These courses will fulfill the General Education Curriculum scientific literacy requirement.