

**Form E**  
**Reflective Journal**

Purpose: To reflect on your interactions with the students and staff, document student teaching experiences. This journal is a form of communication with your university supervisor regarding classroom dilemmas, personal insights, changes in your professional philosophy, classroom accomplishments, personal frustrations, staff relationships, student accomplishments, creative lessons that you taught, difficult periods, last minute schedule adjustments that affected your teaching, etc.. The journal is to be submitted electronically once a week. **The journal is not intended to be a summary of the activities nor is it intended to be shared.**

Student Teacher: \_\_\_\_\_ Date: \_\_\_\_\_