University of Maine at Presque Isle Athletic Training Program Confidential Recommendation

| Applicant: | |
|--|-------|
| I waive my right to read this letter of recommendation: | |
| Signature: | Date: |
| I do not waive my right to read this letter of recommendation: | |
| Signature: | Date: |
| 1. How long have you known the applicant? | |
| 2. In what relationship? | |

Important Note

It is important that the applicant is rated only on the observations of their behavior and abilities. However, if more than six (6) NA's are used, the form will be considered invalid. A letter of recommendation will not be accepted in lieu of this form. Please place the completed recommendation in a sealed envelope with your signature across the seal and return it to the candidate.

| Please use the following | g rating key: | | |
|--------------------------|---------------|-------------------|----------------------|
| 3 = Above Average | 2 = Average | 1 = Below Average | N/A = Not Applicable |

| Poise | | 3 | 2 | 1 | N/A |
|-------|--|---|---|---|-----|
| 1. | Displays self-confidence | | | | |
| 2. | Maintains composure in most situations | | | | |

| Motivation | | 3 | 2 | 1 | N/A |
|------------|---------------------|---|---|---|-----|
| 1. | Displays initiative | | | | |
| 2. | Seeks new knowledge | | | | |

| Mat | Maturity | | 2 | 1 | N/A |
|-----|---|--|---|---|-----|
| 1. | Recognizes own strengths and weaknesses | | | | |
| 2. | Is responsible, dependable, and honest | | | | |
| 3. | Is flexible and adaptable | | | | |
| 4. | Uses good judgment | | | | |
| 5. | Displays a positive attitude | | | | |
| 6. | Demonstrates good organization skills | | | | |
| 7. | Accepts constructive criticism | | | | |
| 8. | Deals with authority appropriately | | | | |

| Peopl | People Orientation | | 2 | 1 | N/A |
|-------|--|--|---|---|-----|
| 1. | Enjoys being with people | | | | |
| 2. | Demonstrates concern for others | | | | |
| 3. | Is sensitive to the feelings of others | | | | |
| 4. | Works well in groups | | | | |
| 5. | Gains the respect of others | | | | |

| Communication | | 3 | 2 | 1 | N/A |
|---------------|---|---|---|---|-----|
| 1. | Uses good interpersonal communications skills | | | | |
| 2. | Displays clarity in written expression | | | | |
| 3. | Displays clarity in verbal expression | | | | |

| Orie | ntation to Athletic Training | 3 | 2 | 1 | N/A |
|------|--|---|---|---|-----|
| 1. | Displays enthusiasm in athletic care | | | | |
| 2. | Will complete an undergraduate education in athletic training with distinction | | | | |
| | distilletion | | | | |

| Perso | Personal Characteristics | | 2 | 1 | N/A |
|-------|-------------------------------|--|---|---|-----|
| 1. | Assertiveness | | | | |
| 2. | Patience | | | | |
| 3. | Creativity | | | | |
| 4. | Achievement | | | | |
| 5. | Integrity | | | | |
| 6. | Leadership ability | | | | |
| 7. | An appropriate sense of humor | | | | |

Comments: