



At the University of Maine at Presque Isle, our goal is to ensure you can Finish in Four. In addition to a wide range of academic and student support efforts, we've set up this pathway, or map, for you; if you follow this recommended sequence, you will complete your Bachelor's degree in four years. Together, we can help you Finish in Four and turn your degree into a great career.

Please note that this is a scheduling aid, not a guarantee of specific course offerings each semester. Course availability varies depending on the date of enrollment, so please be sure to consult the appropriate catalog for official degree/program requirements and seek guidance regularly from your faculty and professional academic advisors.

www.umpi.edu/academics/athletic-training

1 FIRST YEAR FALL SEMESTER FIRST YEAR SPRING SEMESTER

PSY 100	Introduction to Psychology*	3 credits	<input type="checkbox"/>
ENG 101	College Composition I*	3 credits	<input type="checkbox"/>
FYS 100	First Year Seminar*	1 credit	<input type="checkbox"/>
HPR 101	Lifelong Wellness*	3 credits	<input type="checkbox"/>
MAT 101	Basic Statistics*	3 credits	<input type="checkbox"/>
GEC	General Education Course		
	Science: choose from 3d (Chy, Env, Gey, Phy)	3-4 credits	<input type="checkbox"/>

SEMESTER TOTAL 16-17 CREDITS

ATH 101	Introduction to Athletic Training and Fitness Professionals	3 credits	<input type="checkbox"/>
ATH 225	Strength Training and Program Design	3 credits	<input type="checkbox"/>
BIO 112	General Biology I*	4 credits	<input type="checkbox"/>
ENG 121	College Composition II*	3 credits	<input type="checkbox"/>
GEC	General Education Course		
	(Com 210 strongly recommended- 1c)	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 16 CREDITS

2 SECOND YEAR FALL SEMESTER (APPLY TO PROGRAM***) SECOND YEAR SPRING SEMESTER

PHE 265	Motor Learning	3 credits	<input type="checkbox"/>
ATH 244	Techniques of Athletic Training	2 credits	<input type="checkbox"/>
ATH/PHE 340	Acute Care of Athletic Injuries	3 credits	<input type="checkbox"/>
BIO 261	Human Anatomy and Physiology I and Lab*	4 credits	<input type="checkbox"/>
GEC	General Education Course		
	(Swk 202 strongly recommended- 4c/5d)	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

BIO 262	Human Anatomy and Physiology II and Lab*	4 credits	<input type="checkbox"/>
ATH 245	Athletic Training Clinical	2 credits	<input type="checkbox"/>
ATH/PHE 246	Assessment of Lower Extremities and Lab	4 credits	<input type="checkbox"/>
PHE 274	Structural Kinesiology	3 credits	<input type="checkbox"/>
PSY 311	Research Methods I	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 16 CREDITS

3 THIRD YEAR FALL SEMESTER THIRD YEAR SPRING SEMESTER

Ath/Phe 342	Assessment of Upper Extremities and Lab	4 credits	<input type="checkbox"/>
Phe 381	Biomechanics	3 credits	<input type="checkbox"/>
Ath 345	Athletic Training Clinical I**	2 credits	<input type="checkbox"/>
Ath 341	Therapeutic Interventions I	5 credits	<input type="checkbox"/>

SEMESTER TOTAL 14 CREDITS

ATH 346	Athletic Training Clinical II**	2 credits	<input type="checkbox"/>
ATH 343	Therapeutic Interventions II	4 credits	<input type="checkbox"/>
PHE 382	Physiology of Exercise	3 credits	<input type="checkbox"/>
BIO 300	Human Nutrition	3 credits	<input type="checkbox"/>
GEC	General Education Course		
	(Swk 305 strongly recommended- 5a)	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

4 FOURTH YEAR FALL SEMESTER FOURTH YEAR SPRING SEMESTER

ATH 400	Athletic Training Clinical III**	2 credits	<input type="checkbox"/>
ATH 404	General Medical Conditions for the Athlete & Pharmacology	4 credits	<input type="checkbox"/>
ATH/PHE 487	Organization & Administration of Athletic Training	3 credits	<input type="checkbox"/>
GEC	General Education Course	3 credits	<input type="checkbox"/>
GEC	General Education Course	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

ATH 401	Athletic Training Clinical IV**	2 credits	<input type="checkbox"/>
ATH 405	Athletic Training Senior Capstone	1 credit	<input type="checkbox"/>
GEC	General Education Course	3 credits	<input type="checkbox"/>
GEC	General Education Course	3 credits	<input type="checkbox"/>
GEL	General Elective	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 12 CREDITS

Total Minimum Credits Required for Degree: **120 credits**

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*Meets General Education Curriculum requirement

**Course contains a 100-175 hour preceptorship components.

***Admissions to the Athletic Training Program is separate from admissions to the University and takes place during the spring of your sophomore year. See Athletic Training, B.S. in the Academic Programs section of the UMPI Academic Catalog.