

Internationally recognized nutrition expert gives DLS talk

The University, in partnership with Cary Medical Center and the Siruno Stroke Education Center, presented Dr. Joel Fuhrman—the best-selling author and internationally recognized expert on nutrition and natural healing—on Nov. 6 as part of its 2014-2015 Distinguished Lecturer Series. Dr. Fuhrman delivered his talk on *Preventing and Reversing Disease through Nutritional and Natural Methods*.

Dr. Fuhrman is a board certified family physician, *New York Times* best-selling author, and nutritional researcher focused on preventing and reversing disease through nutritional and natural methods. His book, *Eat to Live*, has sold more than one million copies and has been translated in multiple languages. He has written six books and three have been on the *The*

New York Times Best Seller list.

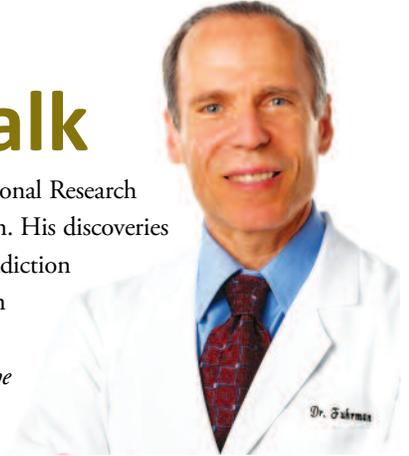
As a medical expert on nutritional therapy and natural healing, Dr. Fuhrman has appeared on hundreds of radio and television networks and shows including: ABC, CBS, NBC, FOX, CNN, *Today*, *Good Morning America*, the Discovery Channel, TV Food Network, and *The Dr. Oz Show*. Dr. Fuhrman's PBS television show, *3 Steps to Incredible Health*, began airing nationwide in June 2011 and became the top fundraising show for PBS in 2011. In 2012, his PBS television show *Dr. Fuhrman's Immunity Solution* began airing. These shows make applying modern nutritional science understandable and doable.

Dr. Fuhrman is presently involved in ongoing scientific studies in human nutrition, and serves as the research director of

the Nutritional Research Foundation. His discoveries on food addiction and human hunger—entitled *The Changing Perception*

of Hunger on a High Nutrient Density Diet—were published in the scientific journal *Nutrition Journal* in November 2011. He is also a member of the Whole Foods Market scientific advisory board. Dr. Fuhrman is a graduate of the University of Pennsylvania School of Medicine (1988).

As a former world class figure skater, he placed second in the United States National Pairs Championships in 1973, and third in the World *continued on page 2*



3rd annual World Polio Day celebration a success

With the help of the Rotary Clubs in Caribou, Fort Fairfield, Limestone and Washburn, the University and the Presque Isle Rotary Club are declaring their 3rd annual World Polio Day and Purple Pinkie Project celebration—which spread throughout central Aroostook County and was held between Oct. 18 and 25—a big success. All activities

helped to raise awareness of Rotary International's efforts to eradicate polio worldwide. Combined efforts among the clubs helped to raise an estimated \$2,600 for that global effort.

"We are absolutely delighted to have our joint World Polio Day activities bring so much awareness and raise so much funding for Rotary International's End Polio Now



efforts," Presque Isle Rotary Club President Scott Violette said. "We'd especially like to thank our fellow Rotary Clubs for joining *continued on page 4*

Presque Isle Rotarians Jim Bubar, Mark Putnam and Rick Duncan paint pinkies purple at Presque Isle High School on Oct. 23 as part of the World Polio Day and Purple Pinkie Project celebration that stretched across central Aroostook County in October. Rotarians raised awareness and money, \$1 at a time, for Rotary International's End Polio Now efforts.

2 School mascot



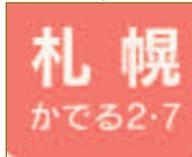
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School mascot finds its way back to campus

After a four-generation-long absence, an old, sawdust-stuffed friend has returned home to UMPI thanks to a family with strong connections to the institution.

More than eight decades ago, when the institution was known as the Aroostook State Normal School, the school mascot was a bull and, during that time, a small number of one-foot-tall, hand-made, blue cloth bulls were created. However, they were all distributed and University officials assumed they'd been lost to history.

That is, until this summer. While attending this year's Dutch Soccer Academy, Gregory Doane, from Barrington, NH, stopped by the Alumni Relations Office with one of the stuffed bulls in tow. Doane was able to deliver the bull to campus thanks to his grandmother, Edith Kimball (Doane) Lane, Class of 1965, who found this little treasure while at a garage sale in Houlton.

She recognized the bull instantly as

her aunts Marjorie Kimball, Class of 1929, and Alberta Kimball, Class of 1943, had both graduated from Aroostook State Normal School. Gregory Doane's father, John Doane, Class of 1985, and grandfather Myron Doane, Class of 1962, also graduated from the institution.

The returned bull has faded colors of blue and gold, along with the letters "ASNS" stitched into its front. ASNS opened on Sept. 15, 1903. Only 17 students attended then, and 12 graduated in 1905. The institution was known as ASNS until 1943.

The UMPI staff has since named the bull Gregory, in honor of the courier who returned him home. Gregory the bull will be kept on display at the Alumni Relations Office, and all alumni are invited to stop by and say hello to him.

Alumni officials are delighted to have the bull returned to campus and



Gregory Doane holds a sawdust-stuffed bull—the 8-decade-old mascot of the Aroostook State Normal School—after returning it home to UMPI.

say it's a wonderful testimonial to the rich history and connection UMPI Alumni have with their alma mater. ★

Nutrition expert

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Professional Pair Championships in 1976. Dr. Fuhrman has been involved professionally with sports medical committees, advised professional and Olympic athletes, and lectures to athletic trainers and world-class athletes for maximizing performance and preventing injury.

The University's Distinguished Lecture Series was established in

1999. Each year, the UDLS Committee sponsors four to six speakers who come from Maine and beyond, representing a range of disciplines and viewpoints. While the emphasis tends to be on featuring visiting academics, it is not exclusively so. The speakers typically spend two days at the University meeting with classes and presenting a community lecture. ★

Community

Dr. Jacqui Lowman asking for gently used winter clothing

Dr. Lowman is looking for used jackets, hats, mittens, or gloves that are still in good shape to be used for NO LIMITS, which will bring adaptive winter recreation to the Nordic Heritage Sport Club. Some participants may not have adequate winter outerwear so any donations will be appreciated. Participants can be anyone with a physical disability, ages four and up, so clothing can be accepted for both children and adults. If you have clothing to give or questions, please contact Jacqui Lowman at 768.9745 or Amanda Baker at 768.9401.



Dr. Chunzeng Wang and Jason Johnston represented UMPI at the Second Annual National Bioenergy Day event held at the ReEnergy Holdings facility in Ashland. The event, which marks the national recognition of the increased use of America's forests and fields to generate heat and power for homes, factories, businesses and public buildings, was attended by Governor Paul LePage and U.S. Senator Angus King.

UMPI announces new Sustainable Agriculture concentration

In an effort to support local agricultural interests and provide skilled workers for one of the region's primary economic drivers, the University has established a new Sustainable Agriculture concentration within the Environmental Science and Sustainability program. This is the only agricultural-related bachelor's degree program being offered north of Orono.

"We're very excited to provide a close-to-home option for area residents and high school graduates who want to focus on agri-business," Dr. Jason Johnston, Chair of the College of Arts and Sciences, said. "The feedback we've received from people in the agriculture community is that this is something we should be doing and they would have liked to see us do it even sooner."

Johnston and science faculty have designed a diversified, interdisciplinary concentration that looks at agriculture from an environmental science and sustainability perspective. Students who take the concen-

tration will complete a core of agriculture-focused courses and a complement of other science, climate, energy, business, and GIS courses.

The program provides not only the agricultural science students need, but also the skills they need to lead a viable business as a member of the local agriculture community. This line of study prepares graduates for many different types of agriculture-related ventures, from large commercial farms to small, diversified farms to other agri-businesses.

The concentration kicked off this fall with a Soil Science course being offered by Dr. David Lambert, emeritus plant pathologist from the University of Maine. Officials are working to spread awareness for the program this year and are hoping to bring a new slate of students on board in the spring.

The Environmental Science and Sustainability Program has been developing

connections with local agricultural entities and local schools to provide the most robust offerings possible to students.

They have an agreement with the University of Maine Cooperative Extension to have two of their faculty members at the Presque Isle farm collaborate with UMPI faculty and contribute course materials. Officials also are working with area schools to ensure their students know about the concentration and to explore opportunities for collaboration.

The concentration additionally has received support from the Maine Organic Farmers and Gardeners Association, the Maine Farm Bureau, and the Maine Farmland Trust. ★



Sailors serves as first-ever DLS student speaker

The University's very own, and first-ever student Distinguished Lecturer, Ghazaleh "Oz" Sailors served as the next speaker in the 2014-2015 Distinguished Lecturer Series on Nov. 18, delivering her talk, *Breaking Barriers and Chasing Dreams*.

A senior at UMPI majoring in Physical Education, Sailors is the only woman playing NCAA Baseball this year.

Sailors began playing baseball at an astonishingly young age: only two years old, because her older brother's tee-ball team needed one more member. Sailors has overcome many challenging obstacles throughout her athletic career; she's often been told that baseball is a male-oriented sport and she has dealt with people's prejudice and sexism, as well as harassment, which resulted in her changing high schools.

That didn't stop her, however, from making high school baseball history when she and another girl, Marti Sementelli, became the first female starting pitchers to face off against each

other in a varsity game. Sailors also has represented her country by pitching and playing for the U.S. Baseball Team in Venezuela in 2010. She played in the Women's World Cup of Baseball in Venezuela for Team USA, which won a bronze medal during the event. Sailors has played competitive baseball in a total of 27 different states.

Sailors is an advocate for women's baseball and works for the non-profit organization Baseball for All, which promotes the rights for girls to play baseball both in the United States and internationally.

To view Sailors' talk, visit UMPI's Vimeo page, www.vimeo.com/umpi. ★



World Polio Day

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us, and the Caribou Rotary Club in particular for raising about half of this year's funds."

"Our club members stepped up to the plate to make the project the success it was," said Steve Mazerolle, co-chairperson for Caribou's Purple Pinkie Project with Mark Draper. "It was a cold and rainy day, but no complaints were heard from any of the Rotarians. A special kudo to Cary Medical Center who allowed us to use one of their vehicles to pick up and drop off the iron lung we borrowed from Eastern Maine Medical Center to display. We are truly blessed to live in such a giving community and I am proud to be a member of the Caribou Rotary Club and Chapter #7810."

This year's World Polio Day activities helped the area Rotary clubs to significantly increase local awareness about Rotary's worldwide fight to end polio and raise enough funding to ensure that thousands of children receive polio immunizations. World Polio Day takes place every year on Oct. 24.

One of the big ways the Rotary clubs celebrated the occasion was to host several Purple Pinkie Project stations around the region. Volunteers were on hand to color the pinkies of anyone willing to donate \$1

toward Rotary International's "End Polio Now" campaign; \$1 is the estimated cost to immunize one child from polio, so a purple pinkie serves as a symbol for one polio immunization. Rotarians use a topical purple dye to mark the pinkies of those who have been immunized when they conduct polio immunization days to prevent double dosages.

Purple Pinkie Stations were held at the **Fort Fairfield Rotary Club's** 2014 Cash Draw event, at the **Presque Isle and Caribou Rotary Clubs'** respective weekly Noontime meetings, at **Presque Isle High School** and **Presque Isle Middle School**, **MMG Insurance**, **UMPI**, **Northern Maine Community College**, **TAMC**, **UMPI's Houlton Higher Education Center**, and one hosted by the **Caribou Rotary Club** during the Caribou Craft Fair.

In addition, the **Limestone Rotary Club** spread awareness during its 64th Annual



UMPI employees Patti Hale, Laurie Boucher and Nola Belanger leave their marks at a Purple Pinkie station set up in the Center for Innovative Learning on Oct. 24.

Auction, and the **Washburn Rotary Club** hosted a World Polio Day fundraiser earlier in the month—a "Skip-A-Meal" activity, with proceeds going to the Purple Pinkie Project.

Since Rotary International began the fight against polio in 1985, the crippling disease has been reduced by more than 99 percent—from more than 350,000 people, mostly children, in 125 countries, to less than 300 cases so far this year. Attention is focused on three countries—Afghanistan, Nigeria and Pakistan—which are still polio-endemic.

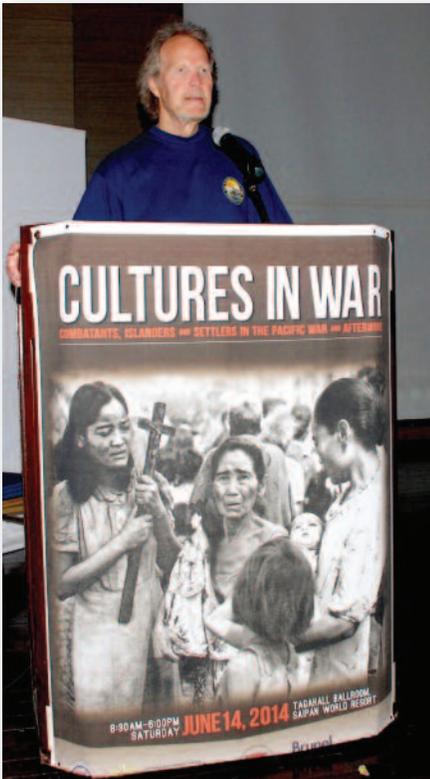
This year's event was sponsored by TAMC, NMCC, and MMG Insurance. To learn more about the event, please visit www.umpi.edu/worldpolioday. ★

The Maine Military & Community Network, in collaboration with the University of Maine at Augusta Veteran's Success program and UMPI's Houlton Higher Education Center, has established a local resource hub, dedicated to outreach for current and former service members, for Aroostook veterans, active duty military and their families. Network officials held an event at the Houlton Center in late October to provide community members with details about the program. (see Notes, page 8)



Members of the UMPI community took part in the annual UMPI Breast Cancer Walk. The event, which starts at Preble and winds around the entire campus, benefited Pink Aroostook.

Giles participates in Tinian commemorative events



Giles delivers a presentation during the *Cultures in War* one-day conference on Tinian.

Anderson Giles, retired UMPI professor, traveled to the islands of Saipan and Tinian in the Commonwealth of the Northern Mariana Islands [CNMI] this summer for the 70th Anniversary event marking the Battles of Saipan and Tinian. Organizers held large-scale events to celebrate the liberation of the islands, but noted the 70th commemoration may be the last one that actual veterans of the battle would be able to attend due to advanced age.

Tinian played an important role in the ending of the war—it was the base from which the Hiroshima and Nagasaki missions originated in August 1945. At the time of the missions, North Field on Tinian was the world's largest and busiest airfield. During the 70th commemoration activities, Giles participated in a special one-day conference, titled *Cultures in War: Combatants, Islanders and Settlers in the Pacific War and Afterward*. The conference featured

more than a dozen speakers from around the world who spoke about the cultural, military, and social aspects of the Pacific War. The presentations will be compiled into a publication by the CNMI Humanities Council.

In his presentation, *There Will Never Be Anything Like This Again*, Giles discussed the construction of North Field, the great B-29 air campaign, and the construction and use of the atomic bomb facilities and their deployment.

Giles has conducted decades of research in the Pacific Islands involved in World War II.

His connection to Saipan and Tinian and their role during WWII are quite strong—his father was a decorated 4th Division Marine (Saipan/Tinian) and his uncle was a 67th Seabee who helped construct North Field and the Atom Bomb Assembly Facilities on Tinian. Giles' father was killed in action in Korea when he was 4 years old. ★

UMPI students deliver tax seminar presentation

Several students in UMPI's Business Program had their first experience giving a presentation before a group of professional CPAs, attorneys, insurance brokers and financial advisors when they participated in the Aroostook County Tax Seminar held at UMPI on Oct. 31.

The students delivered an income tax and retirement plans update presentation. According to UMPI Assistant Professor of Business and Accounting Stacey Emery, this was an important training and skills-development opportunity for her students.

Four students—Farren Sutherland, Nicholas Parks, Taylor Dwyer, and Brandon Bonney—delivered the presentation. The students spoke on a range of topics from the new IRS regulations surrounding Qualified Longevity Annuity Contracts (QLACs) to the income tax changes for 2014.

Afterward, Nicholas Parks said, "Now I will be able to go into a professional environment with confidence in my ability to speak to a large group of professionals. Most students will never get the opportunity to speak outside of the classroom environment, but the Aroostook County Tax Seminar, along with UMPI, has given us that opportunity. I couldn't be more grateful!"



Four University of Maine at Presque Isle Business students had the opportunity to deliver a presentation before area professionals during the recent Aroostook County Tax Seminar. The presentation gave the students a unique opportunity to demonstrate their knowledge and skills in a real-world setting. Participating in the presentation were, from left, Farren Sutherland, Taylor Dwyer and Nicholas Parks. Not pictured was Brandon Bonney.

For several years, the sponsors of the Aroostook County Tax Seminar have invited UMPI students from the Business program to attend the event. This year, they suggested having the students present rather than just watch the seminar's proceedings. ★

Gelder travels to Japan for research, symposium

Dr. Stuart R. Gelder, UMPI Emeritus Professor of Biology, recently traveled to Japan to conduct research with one of his international colleagues and take part in an international symposium. He is one of the world's leading researchers of branchiobdellidan annelid (crayfish worms).

During his trip, he collaborated with his long-time colleague, Professor Akifumi Ohtaka, at Hirosaki University before travelling on to Sapporo, Hokkaido, to attend the 20th International Association of Astacologists Symposium. Astacologists are people who study crayfish.

At Hirosaki University, he discussed branchiobdellidan projects that students were pursuing as part of their degree program, and presented a seminar to both stu-

dents and faculty. However, the primary aim of the visit was to collect and describe a new species of branchiobdellidan that Dr. Ohtaka had discovered 16 years ago. The delay in publishing the species description stemmed from the difficulty in observing its internal organs, which is essential to justify that the worms are new to science. After a successful collection of Japanese crayfish, two worm specimens were found and the required details obtained. A manuscript naming the species after a local volcano has been submitted to the Japanese journal, *Species Diversity*.



Two years ago, Dr. Gelder was invited by Dr. Tadashi Kawai, Wakkanai Fisheries Experimental Station, Hokkaido, Japan, to write a chapter on branchiobdellidans for a book entitled *Freshwater Crayfish: Global Overview*, and edited by T. Kawai, Z. Faulkes, and G. Scholtz. This he completed with his coauthor, Dr. Bronwyn W. Williams, Southern Illinois University, Carbondale, at the beginning of this year.

Following the chapter's completion, Dr. Kawai invited him to make an oral presentation at the International Astacology Association's 20th symposium in Hokkaido, Japan. Dr. Gelder's talk was entitled, "Distribution of acceptable hosts by ectosymbiotic branchiobdellidans (Annelida: Clitellata)". ★

UMPI students participating in "Hunger Dialogue"

Social Work students at UMPI have been getting a lesson in hunger this semester, and will be sharing what they've learned with the campus and community in December.

Students in Social Work 425 *Special Topics: Hunger in Maine* have been learning about hunger issues in the state, where nearly 1 out of 4 children (or 62,800) are food insecure.

Six students from the Social Work 425 class attended *The Maine Hunger Dialogue: Mobilizing the Power of Higher Education to End Hunger in Maine*, a two-day conference in Orono.

Students learned about food insecurity locally and globally, participated in a "Power Pack Out" to measure and pack over 10,000 meals for a local food pantry, networked with students from over 17 campuses in Maine, and planned research about the issue of food insecurity on the UMPI campus and possible ways to provide resources to meet those needs.

Students attending the conference from UMPI were: Chantelle Butts, Veronique Bouchard, Leanne Humphrey,



Taking part in the Hunger Dialogue are, from left, front row: Melanie Maynard and Veronique Bouchard; back row, Leanne Humphrey, Chantelle Butts, John Moist, Brett Mclsaac, Shirley Rush, and Emily McInnis.

Melanie Maynard, Brett Mclsaac, and Emily McInnis. Their trip was made possible in part by The Pizza Box, which covered the conference fees following students' fundraising efforts.

John Moist, AmeriCorps VISTA volunteer for Early College Access at UMPI, travelled along with the Social Work 425 students to represent both the campus and Maine Campus Compact. Moist will be engaging in work with the Social Work 425 students to aid and continue their efforts after the semester has ended.

The students will present their research findings and recommendations for action at the end of the fall semester. All are encouraged to join the students of Social Work 425 and UMPI in eliminating hunger in Aroostook County.

For more information about this upcoming presentation, contact Shirley Rush, BSW Program Director, at shirley.rush@umpi.edu. ★

Improv group Octavarius to performs at UMPI

Travelling back in time from the year 2113, the futuristic comedy improv group

Octavarius took the stage at the UMPI's Wieden Hall on Nov. 20. The way the group presented it, the galaxy is in danger—an evil mythical cyborg octopus is leading the invasion—and the audience's help is needed to save it. Through interactive improv, games, scenes, songs, and audience participation, Octavarius generated enough laughter and friendship to save the future.

Octavarius has performed across the country—from California to Maine—though their home base is in Chicago at the ComedySportz Theater. The group not only performs live comedy, they make music videos and record comedy music. Their web series have been featured on WGN, FOX, and CBS, as well as on the homepages of MSN, *The Huffington Post*, and *The Daily What*. Octavarius' visit to campus was sponsored by UMPI's Student Activities Office.



Octavarius has been performing improv comedy for seven years. Eight members of the group met at Illinois State University in Chicago, where they performed in ISU's Improv Mafia together. After studying at the legendary comedy schools, The Second City and iO, the group officially came together. Octavarius is named after a mythical cyborg octopus from the future that is leading the Humboldt Squid Invasion.

The Humboldt Squid Invasion started when two members of the group, while watching Animal Planet, discovered that an abundant number of these gigantic, spineless creatures were patrolling the sea deeper than 1,500 feet below. However, this news didn't resonate until they started seeing articles seemingly everywhere about the Humboldt Squid. This led to the idea that an invasion had already begun without humankind ever noticing.

To learn more about Octavarius, visit www.octavarius.com. ★

SAGE offers lifelong learning opportunities

Every fall and again every spring, central Aroostook adults aged 50+ have the unique opportunity to enjoy informal, educational, non-competitive courses through SAGE, Seniors Achieving Greater Education. Sponsored by UMPI since its 1998 inception, SAGE has offered 10 or more short educational courses on campus each April and October, all for \$17 per term or \$32 a year.

New members are always welcome and new courses are always in the pipeline. SAGE's mission is accomplished primarily by a large cadre of active volunteers who recommend and create the curriculum, engage volunteer

instructors, schedule courses, recruit participants, and handle the myriad of large and small tasks required to run the program. The goal of providing sought-after educational opportunities for those who are 50+ is kept paramount so that courses are designed to encourage open curiosity, cultivate an attitude of inquiry, and provide meaningful leisure interaction along with creative pleasure.

Judy Burleigh is one of SAGE's founding members and one of the original 19 members who have belonged since 1998. She said she will always be grateful to another SAGE founding member, Glenna Smith, for telling her about SAGE while it was still in its early planning stage. Burleigh says that SAGE offers "not only lifelong learning, but an introduction to things I don't know about and more detailed information about things I may

know a little about."

Burleigh explained that SAGE allowed her to reconnect with life after the death of a loved one and said that every time she completes a SAGE class, she feels good knowing she learned something new that day and shared the experience with others. She especially appreciates the chance to discuss something everyone has read, as it is enlightening to hear different interpretations or to have her ideas affirmed. Burleigh adds, "It makes me feel young, as though I am back in school again—after a long career in teaching/learning. SAGE provides zest for living!"

To participate in courses and/or field excursions, visit www.umpi.edu/sage at the start of a new term in March and September. For more information about SAGE, please call Nancy Roe at 768.7271. ★

notes

Educators attend workshop

Over 150 educators from around the region attended a workshop put on by the Central Aroostook Council on Education (CACE) in October. Bea McGarvey was the presenter and the topic was *Becoming a Reflective Teacher*. McGarvey is a private educational consultant. In the workshop, participants were able to enhance their teaching skills by acquiring a common understanding of and a common language for a mode of teaching (The Art & Science of Teaching); explored a range of instructional skills in the model; assessed their personal strengths and weaknesses; and designed a personal growth plan. Through focused practice, feedback, observation, and discussion with their colleagues, participants were able to learn how to meet their personal and team goals to enhance their teaching and increase learner achievement.

HHEC hosts Maine Military Community Network

The Houlton Higher Education Center recently played host to representatives from many veteran related services and opportunities. It was the official kick-off for a new space, located within the HHEC, dedicated for outreach to veterans, active duty personnel and their families. The MM&CN's purpose is to assist active military, veterans and their families with everything from help find-



ing a job or using educational benefits to do simple things like finding businesses that offer military discounts. The other important function is to engage with potential professional resources and individuals within the community, who wish to show support for veterans, service members and their families. Some of the organizations represented were: Caribou Vet Center, Mobile Vet Unit; Wabanaki Vocational Rehabilitation Program; Employer Support of the Guard and Reserve; Maine Army National Guard; and Maine Conservation Corps.

Dorm trick or treating was a HUGE success!

UMPI invited all children 5th grade or under to participate in the 19th annual UMPI Trick or Treating Night on Tuesday, Oct. 28, in both Park and Merriman Halls.



UMPI students decorated for Halloween fun. The event was extremely successful this year; in fact, they had such a good time that they ran out of candy early on! Director of Housing and Residence Life, Dennis Koch, says the event will be even bigger next year with more fun added!

American Mathematics Competition held at UMPI

UMPI hosted the American Mathematics Competition on Tuesday, Nov. 18. The AMC 8, a 25-question, 45-minute multiple choice examination in middle school mathematics, is designed to promote the



development and enhancement of problem-solving skills. The AMC 8 is for students in grades 5 to 8.

Charitable Appeals Campaign underway

The Combined Charitable Appeal Campaign is underway! The campaign runs through Nov. 23, at the same time as benefits open enrollment. CCAUE represents a number of agencies that provide a wide variety of services and is a way for UMPI to respond to the needs of others in Aroostook County and around the world.

Employees may participate through payroll deduction, check/debit or credit card contributions. This campaign supports vital services for our families, friends and neighbors who may have been assisted in the past and who will need support now and in the future. For the first time, University employees will make pledges and contributions online. UMS has partnered with InforME and created a website for the CCAUE campaign. InforME is also the vendor that developed and hosts the State of Maine charitable giving campaign website. To view the Donor Guide and to participate, click www.maine.edu/about-the-system/system-office/human-resources/ccaue/. FMI please contact Jennie Savage at 768.9551 or jennie.savage@umpi.edu

UMPI hosts PTA play day

On Monday, Dec. 1, from 9:30 to 11:30 a.m., UMPI's Physical Therapist Assistant students

will host a play day in Wieden Gymnasium for children between the ages of 12 months and 5 years old. Part of the UMPI PTA curriculum is a small section about pediatric physical therapy. Students learn about such topics as motor milestones, conditions, and diagnosis that may affect the development of these milestones and how to provide interventions for children with disabilities or delays in their development. Part of this learning process is their "play day." Parents are invited to bring their babies and small children that are typically developing so the students can see that there are variations in development even amongst typically developing children. FMI, contact Vanessa Patenaude at vanessa.patenaude@umpi.edu.

SAGE repurposes books and takes trip to Cooperative Extension

A SAGE course on repurposing books was recently completed at UMPI.

This was an opportunity to de-clutter one's living space of unwanted books using the spines, pages, covers, and whole books. Some projects done were cutting niches into a whole book, then setting in five small matchboxes that served as hidden drawers in the book; using recycled atlas pages to alter a plain bangle; using book covers and magazines to make a collage; and using foam core board to create a book box. SAGE also did a learning excursion to the local Cooperative Extension Office, where they heard a



notes

presentation about spices. Lisa Fishman, a nutrition educator with the Extension office in Fort Kent, reintroduced everyone to flavorful spices and offered a hands-on opportunity to blend Moroccan and Indian spices. The excursion was a great success with questions and much discussion after the presentation.

UMPI grad completes Appalachian and Pacific Crest Trails

UMPI graduate Tyler Hutchinson is another member of the UMPI community who has completed the Appalachian Trail. He did this immediately following his graduation in 2011. This past sum-

mer, he also went on to complete a 2,660-mile thru-hike of the Pacific Crest Trail from Mexico to Canada. That hike took five months and one day! Congratulations, Tyler! ★

"After five months, one day, and . . . a lot of blood, sweat and tears, I completed my 2,660-mile thru-hike of the Pacific Crest trail from Mexico to Canada - Wooooo!" - Tyler Hutchinson



at left:

Members of the UMPI community, led by student Elizabeth Parent, participated in the first UNITE Against Bullying Walk held in Aroostook County this fall. The purpose of the event was to raise funds for and awareness of bullying and to stand up against it. Money raised from the walk benefited anti-bullying educational activities in the region. Pictured here are Hootie and Janel Sewell at the event.

below:

Studio 923 UMPI Art Club hosted its Second Annual Aroostook Dead: A Zombie Walk event on Oct. 24 at the Aroostook Centre Mall. As part of the family-friendly event, people were encouraged to attend dressed up as zombies, with trophies given away for best zombie in several categories.



at left:
WAGM TV personality Angela Christoforos leads a workshop for UMPI students on dressing for success.

at left:

UMPI was declared the winner following the 1st Food Fight between UMPI and Northern Maine Community College. The food drive benefited Catholic Charities Maine. A total of 1,536 pounds of food was donated.

activities 10.29-11.10.2014

S	M	T	W	T	F	S
NOV 16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	DEC 1	2	3	4	5	6
7	8	9	10	11	12	13

NOV 22

Live Action Role

Playing 6:30pm, Pull 112, 113, & Fols 105

NOV 24

UMPI 100%

5pm, Alumni Room

CRU Leadership

6pm, Owl's Nest

Bible study

8:30pm, Allagash Room

NOV 26

Thanksgiving

Vacation

begins



NOV 27

SEAM

12:30pm, Alumni Room

NOV 30

Bridal Showcase

1pm, MPR

DEC 1

Classes resume

Dinner with the Dean 5pm, Alumni Room

UMPI

100% 5pm, CC118

CRU Leadership

6pm, Owl's Nest

CRU Fellowship

6:45pm, Alumni Room

UMPI/Community

Band concert 7pm, Wieden

Bible

study 8:30pm, Allagash Room

DEC 2

Dinner with the

Dean 5pm, Allagash Room

DEC 3

SGA

5pm, South Hall Room 211

DEC 4

SEAM

12:30pm, Alumni Room

SOSW

12:30pm, CC118

Business

Club 12:30pm, Owl's Nest

Games Club

6:30pm, Owl's Nest

DEC 5

International

Students Club 1pm, Owl's Nest

Warmachine

6:30pm, CC118

DEC 8

UMPI 100%

5pm, Alumni Room

CRU Leadership

6pm, Owl's Nest

CRU Fellowship

6:45pm, Aroostook Room

DEC 10

SGA

5pm, South Hall Room 211

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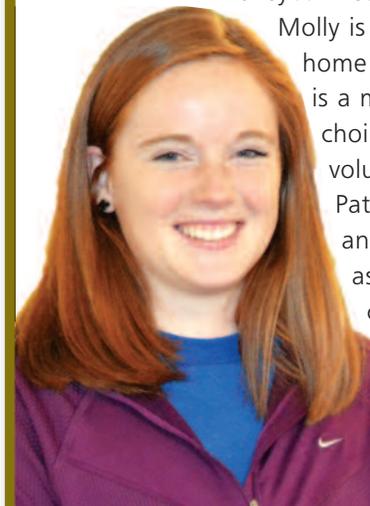
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Congratulations Molly Lindsey Student of the Month October 2014

Molly is a senior from Winthrop, Maine and is majoring in Athletic Training. She is popular, friendly, and well respected by students and staff and is always willing to help. Molly is a leader on campus and has many achievements. She is a teaching assistant, RA Senior Staff, Coordinator of PULL Programmers and she has been a member and leader in the Athletic Training Club, Nordic Skiing Team, Cross Country running team, and the

Volleyball Team. In addition,



Molly is active in her home community. She is a member of the bell choir at her church, a volunteer for Ski Patrol/Ski Timing and she also serves as a volunteer coach for a middle school Nordic skiing team. Molly is a great role model. ★

Pancsofars holding Bridal Showcase

An interactive bridal showcase will be held at UMPI on Sunday, Nov. 30 at 1 p.m. in the Campus Center. It will give brides an up-close and personal taste of what products and services vendors in this area offer. There will be a live "mock wedding" put together by local vendors, complete with a ceremony and reception area, wedding party models, décor, catering, DJ, and interactive expo-style displays. This event is open to the community; admission fee is \$5.

FMI, contact Courtney at pancsofars@gmail.com or 769.8611.

Community

image is a monthly publication of the University of Maine at Presque Isle's Community & Media Relations Office, and is distributed to members of the University community.

The deadline for material is ten days before the date of publication.

- ★ Rachel Rice, editor • 207.768.9447 • rachel.rice@umpi.edu
- ★ Dick Harrison, design, layout & photography
- ★ Gayla Shaw, administrative assistant

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